

# INNOVATIVE PRODUCTS. POWERFUL RESULTS. Multiple modalities and unique workouts fuel your business

HIIT I P.8

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Octane Fitness is a one-of-a-kind disruptor. Consider our standout lineup, loaded with innovative products that deliver exceptional distinction, motivation and performance. With an unmatched history of breakthroughs, Octane's future promises even greater achievements.



# DEFINED BY INNOVATION

A focused vision, fueled by a relentless passion to innovate, improve and inspire, differentiates Octane Fitness. We aren't satisfied to simply develop low-impact fitness equipment. Instead, we reinvent exercise with unique modalities and unmatched features. But that's not enough for us. We then engineer unprecedented workouts with HIIT programs that motivate exercisers and generate results.

And we're just getting started. As part of Nautilus, Inc., we thrive in a dynamic culture of creativity, and rich in resources, expertise and experience. All to design premium fitness solutions that outperform your expectations and ignite your business.

NAUTILUS



# EXPECT MORE

At Octane Fitness, we're all about more. Dedicated to a distinct niche, we promise and deliver more.

- **More** than standard cardio products, we offer a variety of forward-thinking modalities for the cardio floor, HIIT and more
- More than an equipment supplier, we are a strategic partner that presents distinctive custom solutions
- More than being everything to everyone, we are specialists, known for our uncompromising standards, personal service and integrity
- More than just a smaller player, we are nimble, progressive and part of an industry-leading company with 40+ years of success



Octane Fitness equipment fuels health clubs, studios, recreation centers, corporate wellness facilities, colleges and universities, professional sports teams, the U.S. military and more around the world.



### **QUICK-RELEASE FOOT STRAP**

This patent-pending design enables exercisers to quickly insert their feet and pull up on the handle for a secure fit. A simple push of a button releases the strap for an easy exit.



### **MULTIGRIP HANDLEBAR**

Multiple hand positions facilitate greater comfort, variety and more activation of chest, back and arm muscles.



### **DUAL RESISTANCE**

Combined fan and magnetic brake resistance provides a broader range of intensity levels to accommodate everything from easy rows to grueling HIIT sessions.



**ENHANCED CONSOLE** 

This 7" backlit LCD monitor features a dynamic calorie meter, plus real-time performance metrics, to motivate exercisers to work hard.

### **Octane Ro Specifications** Standard Optional

KEY MECHANICAL F	EATURES	
High-velocity fan	۰	
Dual resistance	Fan and magnetic brake	
Quick-release foot straps	٠	
MultiGrip <sup>™</sup> handle	٠	
Handlebar docking station	٠	
Handlebar strap	Belt	
Transport wheels	٠	
Mobile device placement options	٠	
Compact design	Tilt up	
Storage	٠	
ELECTRONIC FEATURES		
Display type	18 cm (7") backlit LCD	
Calorie burn meter	٠	
Resistance levels	10	
Wireless heart rate compatible (ANT+ <sup>™</sup> and Polar®)	٠	

Bluetooth® compatible Power requirement

WORKOUTS

Number of programs

Standard

CONSOLE OPTIONS

Fr

6

٠	Kail length
10	Storage height
•	Shipping dimensions
• Generator-powered	Shipping weight
	WARRANTY
	Frame
•	

PRESET PROGRAMS Quick Start • Max 14 Interval • Interval . Calorie Goal • Distance goal • Max CiRCUIT . PRODUCT SPECIFICATIONS

Max user weight	160 kg (350 lbs)
Footprint (L x W x H)	239 cm x 61 cm x 119 cm (94" x 24" x 47")
Product weight	58 kg (129 lbs)
Seat height	43 cm (17")
Rail length	135 cm (53")
Storage height	236 cm (93")
Shipping dimensions	135 cm x 86 cm x 48 cm (53"x 34"x 19")
Shipping weight	68 kg (150 lbs)
WARRANTY	
Frame	10 years
Parts	3 years

# ROWING REDEFINED

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### OCTANE ADVANTAGES

• Quick-release foot strap

 $\bullet$  Dual resistance — fan and magnetic brake

• MultiGrip handlebar

• Enhanced console featuring a calorie meter

Octains

<u>Octame,</u> Fitness • Comfort seat

Oversized handlebar catch
 Small footprint

Standard Console

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148 203

HIIT 9



### **14-MINUTE WORKOUT**

Designed with an efficient HIIT format, the 14-minute Max Interval workouts have exercisers pushing hard, recovering and repeating. They benefit from calorie burning, fat blasting and total-body conditioning – all in minimal time.



### **A PERFECT FIT**

Great for functional training, small group sessions or circuit workouts, the Max Trainer machine is perfect for any user at your facility.



### **CALORIE METER**

With a real-time display of calories burned per minute, the addictive calorie meter compels exercisers to bury the needle, effectively driving motivation and stamina.



TOTAL BODY

Today's exercisers are all about maximum efficiency, which means every muscle is working hard. With its low-impact, total-body HIIT routines, the Max Trainer delivers exceptional ROI.

### MTX Specifications • Standard • Optional

KEY MECHANICAL	FFATURES		
High-velocity fan	•		
Dual resistance	Fan and magnetic brake		
Covered track and rollers	•		
Stride height	23 cm (9")		
Stride length	36 cm (14")		
Low step-up height	٠		
Pedal spacing	4.6 cm (1.8")		
Compact design	٠		
Transport wheels	٠		
Moving handlebars	Dual grip		
Stationary handlebars	٠		
Mobile device placement options	2		
Water bottle holder	٠		
ELECTRONIC FEATURES			
Display type	Transparent LCD		
Calorie burn meter	Digital		
Resistance levels	10		
Wireless heart rate ready (ANT+ <sup>™</sup> and Polar®)	٥		
Bluetooth <sup>®</sup> compatible	٠		
Self-powered*	٠		

 WORKOUTS

 Number of programs
 6

 PRESET PROGRAMS

 Max 14 Interval
 •

 Quick Start
 •

 Interval
 •

•

•

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### PRODUCT SPECIFICATIONS

Max user weight	181 kg (400 lbs)
Footprint (W x L)	76 cm x 119 cm (30" x 47")
Footprint - live area (W x L)	76 cm x 130 cm (30" x 51")
Product weight	98 kg (220 lbs)

### WARRANTY

Frame Parts

Manual

**CROSS CIRCUIT®** 

Max CiRCUIT

Lifetime
3 years

0

AC plug-in

# MINIMUM TIME Maximum Results



### OCTANE ADVANTAGES

- 14-minute workout
- Fan and magnetic brake resistance
- Quick on and off transitions
- No adjustments required
- Instant resistance change
- 23 cm (9") stride height
- Small footprint



Standard Console





### **UPPER BODY**

The cushioned MultiGrip handlebars let exercisers choose from horizontal or vertical placement options to target different muscles and add variety; or isolate the upper body using the stationary anti-slip foot pegs with triple-sided grip pads for traction.



### MAXIMUM RESULTS

Total-body workouts are superior when it comes to users increasing their ROI. Because exercisers are the motor on the AirdyneX bike, they determine the intensity level and amount of resistance.



### **EFFICIENT BELT DRIVE**

The single-stage belt drive responds immediately to exercisers' efforts, so they can capitalize on custom-generated resistance. Two-stage systems lose some power in the transfer. The belt drive also provides smooth, quiet motion that chain drives cannot deliver.



### CUSTOMIZED COMFORT

Precisely designed for extra comfort, the AirdyneX bike has multiple adjustment options to accommodate different size users.

### AirdyneX Specifications • Standard • Optional

Full commonated and the	
Full-commercial grade	•
MultiGrip <sup>™</sup> handlebars	٠
Performance fan	26 blades
Weighted inertia ring	۰
Drive system	Single-stage belt drive
Ball bearings at pivot points	۰
Solid steel cranks	۰
Stabilizer feet/levelers	۰
Foot pegs	٠
Replaceable pedals	٠
Multi-position seat	٠
Replaceable seat	٠
Water bottle holder	٠
Transport wheels	٠
Air diverter	٠
ELECTRONIC FEATU	RES
LCD tachometer display	٠
Resistance levels	Progressive wind resistance
Wireless heart rate ready	•
(Polar®)	-
Luick Start	۰
Quick program keys	٠
Self-powered*	٠
Watts calibration (adjusts to elevation)	٠
Class A watts rating	٠
Power supply	0

RKOUTS of programs 9 ESET PROGRAMS . Interval . • Interval • Interval arget . a Target . les Target . Target . ters Target . DUCT SPECIFICATIONS ser weight 160 kg (350 lbs) 66 cm x 140 cm x 135 cm int (W x L x H) (26" x 55" x 53") int -66 cm x 140 cm x 135 cm ea (W x L x H) (26" x 55" x 53") weight 51 kg (113 lbs) RRANTY 10 vears 3 years



\* Includes 2-D batteries for console operation.

# PERFORMANCE Redesigned



### **OCTANE ADVANTAGES**

- Full-commercial grade
- 26-blade performance fan
- Inertia performance drive system
- Single-stage belt for instant activation
- Class A watts rating
- Smooth motion
- HIIT workouts
- Calibration technology

### A PRACTICAL, VALUE-ADD SOLUTION

The new **Octane Trifecta<sup>™</sup>** collection fuels workouts and retention at fitness facilities with three powerful performers. Comprised of the Octane Ro<sup>™</sup>, AirdyneX<sup>™</sup> and Max Trainer<sup>®</sup> machines, the unmatched Octane Trifecta is defined by **ease-of-use and intuitive movements; total-body, low-impact exercise; progressive resistance; motivating feedback and challenging variety.** Ideal for HIIT, small group training, circuit workouts or solo sessions, this durable trio offers premium performance in a space-efficient, value package.



RESULTS-DRIVEN MODALITIES

The Octane Trifecta is all about maximum efficiency and effectiveness by engaging the entire body to provide ultimate conditioning and results.



**DUAL RESISTANCE FAN** 

On the Octane Ro and Max Trainer, combined fan and magnetic brake resistance yields a broad intensity range to accomodate different exercisers. The performance fan on the AirdyneX facilitates virtually unlimited resistance.





# HIIT TRI-FECTED

### **OCTANE ADVANTAGES**

- Easy to use
- Total-body workouts
- Motivating feedback
- Compact machines

- Intuitive movements
- Progressive resistance
- Challenging variety
- Smart solution



MULTIGRIP HANDLEBARS

Every detail of each Octane Trifecta machine has been thoughtfully designed for comfort, ease-of-use and effectiveness. The unique MultiGrip handlebars offer variety and enable exercisers to emphasize different muscles.



### HIIT SIMPLIFIED

The Octane Trifecta equips your HIIT area with intuitive, easyto-use cardio machines that offer variety and challenge for beginners to athletes.



### LATERAL MOTION

Active side-to-side motion increases caloric expenditure by up to 27% and increases hip muscle activation when going from the narrowest to the widest width.\*



### **ADJUSTABLE MOTION**

Ten adjustable width levels begin in a narrow stepping motion and diverge to an active, side-to-side movement for greater variety.



**UPPER-BODY ERGONOMICS** 

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



**ADVANCED PROGRAMS** 

Exercisers can take on HIIT with Octane's exclusive 30:30 Interval and MMA workouts, which incorporate rigorous intervals for challenges that help drive results.

### LateralX Specifications Standard Optional

KEY MECHANICAL FEATURES	
Lateral width adjustments	10
Electronically adjustable lateral width	•
Quiet motor	•
Soft grip pedals	•
Low step-up height	•
MultiGrip™ and Converging Path™ handlebars	•
Moving handlebar lock-out option	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack**	•
Transport wheels	٠
ELECTRONIC FEATURES	
Resistance levels	30
Quick Starts (Narrow, Medium, Wide)	•
Digital contact heart rate on moving handlebars	•
Wireless heart rate ready (ANT+™ and Polar®)	•
Fingertip controls on moving handlebars	•
Console fan (3 speeds)	•
Self-powered (standard console only)	٠
Mobile device charging via USB port	•
Replaceable headphone jack	•

**CSAFE**® . CONSOLE OPTIONS 25.4 cm (10") capacitive touch screen Smart (pg. 32) Large LED display Standard (pg. 32) with integrated

ENTERTAINMENT OPTIONS	
LG TV (pg. 33)	0
Wireless 900 Mhz (pg. 33)	0
WORKOUTS	
Number of programs	14

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LATERAL WIDTH PROGRA	A M S
Lateral Interval	•
Dual Direction	٠
PRESET PROGRAMS	
Manual	٠
Random	٠
Interval	•
Distance goal	•
Calorie goal	•
CROSS CIRCUIT®	•
HEART RATE-CONTROLLED	PROGRAMS
Heart Rate Fat Burn	•
Heart Rate Interval	٠
ADVANCED PROGRAMS	
30:30 Interval	٠
MMA	•
Constant Watts	٠
Constant METs	٠
WORKOUT BOOSTERS	
X-Mode™	•
ThighToner™	•
QuadPower™	٠
PRODUCT SPECIFICATION	IS
Max user weight	181 kg (400 lbs)
Footprint (W x L)	106 cm x 160 cm (42" x 63")
Product weight	176 kg (388 lbs)
WARRANTY	
Frame	Lifetime
Parts	3 years

capacitive buttons



# MOVE IN A DIFFERENT DIRECTION



### OCTANE ADVANTAGES

- Up to 27% increase in caloric expenditure when going from narrowest to widest width\*
- Adjustable lateral 3-D motion

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- Adds muscle confusion with 10 varying planes of motion
- Great for sports, rehab and stability training, working the hips, thighs and glutes

An all-in-one machine that lets exercisers walk, run, hike or climb to target different muscles for customized effectiveness.



### WALK

The biomechanically precise motion of the XT-One machine delivers a low-impact, comfortable walk, with a choice of shorter or longer strides to custom-fit exercisers with different leg lengths.



### RUN

Exercisers can change pace or stride length to customize their run motion. Or they can take advantage of SmartStride® interactive ergonomics, which replicate jogging or running by automatically adjusting the stride length from 20"-28" based on the user's pace.



### HIKE

Hit the hills and boost cardiovascular and muscular endurance by selecting from 10 incline levels that target the legs and work the upper body and core. Users can opt for greater challenges with several incline workouts, including Mountain Peak and Progressive Hill.



### CLIMB

The ultimate challenge with a steep climb that strengthens the quads, glutes and hamstrings with deep strides and high-intensity cardio and strength work.

### **XT-One Specifications** • Standard • Optional

### KEY MECHANICAL FEATURES

KEY WIECHANICAL FEATURES	)
Adjustable incline	10 levels
Adjustable stride lengths	51 cm - 71 cm (20"- 28")
Electronically adjustable stride	٠
Quiet motor	٠
Close pedal spacing	4.5 cm (1.8")
Low step-up height	٠
MultiGrip <sup><math>\mathrm{TM}</math></sup> and Converging Path <sup><math>\mathrm{TM}</math></sup> handlebars	٠
Moving handlebar lock-out option	٠
Side steps	0
Phone holder	۰
Water bottle holder	٠
Tablet/reading rack*	•
Transport wheels	•
ELECTRONIC FEATURES	
SmartStride <sup>®</sup> technology	٠
Resistance levels	30
Quick Starts (Walk, Run, Hike, Climb)	4
Digital contact heart rate	•
on moving handlebars	-
Wireless heart rate ready (ANT+ <sup>™</sup> & Polar <sup>®</sup> )	۰
Incline and stride buttons	۰
on moving handlebars	
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE®	•
CONSOLE OPTIONS	
Smart (pg. 32)	25.4 cm (10") capacitive touch screen
Standard (pg. 32)	Large LED display with integrated capacitive buttons
ENTERTAINMENT OPTIONS	
LG TV (pg. 33)	0
Wireless 900 Mhz (pg. 33)	0

HEART RATE-CONTROLLED PROGRAMS

# 0

15

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### PRESET PROGRAMS

Manual	•
Random	•
Distance Goal	•
Calorie Goal	•
Custom Interval	•
CROSS CIRCUIT®	٠
ADVANCED PROGRAMS	
30:30 Interval	•
ЛМА	•
Constant Watts	•
Constant METs	٠
INCLINE PROGRAMS	
Mountain Peak	•
30:30 Hill	•
Progressive Hill	٠
STRIDE LENGTH PROGRAMS	
SmartStride®	٠
WORKOUT BOOSTERS	
X-Mode™	•
ArmBlaster	٠
GlutePower	٠
PRODUCT SPECIFICATIONS	
Max user weight	181 kg (400 lbs)
Footprint (W x L)	84 cm x 191 cm (33" x 75")
Footprint - live area	84 cm x 196 cm
Product weight	(33" x 92") 180 kg (395 lbs)
	94 cm x 224 cm
Footprint with side steps (W x L)	(37" x 88")
Product weight with side steps	194 kg (427 lbs)
WARRANTY	
Frame	Lifetime
Parts	3 years

Heart Rate Custom Interval

WORKOUTS

Number of workouts

Heart Rate Fat Burn

### OCTANE ADVANTAGES

- Replaces adaptations of ellipticals and non-elliptical modalities in one machine
- Adjustable incline
- Adjustable stride length
- SmartStride<sup>®</sup> technology
- Advanced training 30:30 and MMA
- Workout Boosters

# THE ONE CROSS-TRAINER THAT DOES IT ALL

# XTOne.

2GGame



### **SMARTSTRIDE®**

Automatically adjusts stride length from 20"-28" according to users' pace to align them properly for walking, jogging and running.



### **UPPER-BODY ERGONOMICS**

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



### **REAL RUNNING MOTION**

Delivers supremely comfortable natural movement and flow, both forward and backward.



**ADVANCED PROGRAMS** 

Octane's trademark 30:30 Interval and MMA workouts deliver vigorous HIIT challenges that help boost motivation and improve conditioning.

### XT4700 Specifications Standard Optional

### 

KEY MECHANICAL FEATURES	
Adjustable stride lengths	51 cm - 71 cm (20"-28")
Electronically adjustable stride	•
Quiet motor	٠
Close pedal spacing	4.5 cm (1.8")
Low step-up height	٠
Covered track and rollers	٠
MultiGrip <sup>™</sup> and Converging Path <sup>™</sup> handlebars	•
Moving handlebar lock-out option	•
Side steps	0
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•
ELECTRONIC FEATURES	
SmartStride® technology	•
Resistance levels	30
Quick Starts (Walk, Jog, Run)	•
Digital contact heart rate on moving handlebars	٠
Fingertip controls on moving handlebars	•
Wireless heart rate ready (ANT+ $^{\mbox{\tiny TM}}$ and Polar $^{\mbox{\tiny B}}$ )	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE®	•
CONSOLE OPTIONS	
Smart (pg. 32)	25.4 cm (10") capacitive touch screen
Standard (pg. 32)	Large LED display with integrated capacitive buttons
ENTERTAINMENT OPTIONS	
LG TV (pg. 33)	0
W/ L 000 MI ( 00)	

#### PRESET PROGRAMS Manual • Random . Interval • Distance goal • Calorie goal • **CROSS CIRCUIT®** • ADVANCED PROGRAMS 30:30 Interval • MMA . **Constant Watts** . **Constant METs** • STRIDE LENGTH PROGRAMS PowerWalk • Stride Interval • **Dual Direction** . WORKOUT BOOSTERS SmartStride® • X-Mode™ • ArmBlaster • GluteKicker™ . PRODUCT SPECIFICATIONS 181 kg (400 lbs) Max user weight 84 cm x 196 cm Footprint (W x L) (33" x 77") 94 cm x 221 cm Footprint - live area (W x L) (37" x 87") Product weight 165 kg (364 lbs) Footprint with 94 cm x 216 cm

(37" x 85")

177 kg (390 lbs)

Lifetime

3 years

capacitive touch screen
Large LED display with integrated capacitive buttons

0

15

ENTERTAINMENT	OPTIONS
LG TV (pg. 33)	
Wireless 900 Mhz (pg. 33)	
WORKOUTS	
Number of programs	

HEART RATE-CONTROLLED PROGRAMS	
Heart Rate Fat Burn	•
Heart Rate Interval	•

WARRANTY Frame Parts

side steps (W x L)

Weight with side steps

\*Smart console only

# TOP-OF-THE-LINE, ADJUSTABLE STRIDE ELLIPTICAL

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### XT4700

### **OCTANE ADVANTAGES**

- Electronically adjustable stride 51 cm 71 cm
- SmartStride<sup>®</sup> technology
- Close pedal spacing
- Low step-up height
- $\bullet$  Advanced training 30:30 and MMA



### **UPPER-BODY ERGONOMICS**

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



### **ADVANCED PROGRAMS**

For the ultimate in HIIT, the 30:30 Interval and MMA workouts have exercisers mastering vigorous sets of intervals that push them to work harder.



### **REAL RUNNING MOTION**

Delivers supremely comfortable natural movement and flow, both forward and backward.



### SIDE STEPS

Add workout variety with this option to focus on the upper body only.

### XT3700 Specifications

### **KEY MECHANICAL FEATURES**

KET WEGHANIGAL FEATURI	C 9
Stride length	61 cm (24")
Close pedal spacing	4.5 cm (1.8")
Low step-up height	•
Covered track and rollers	۰
MultiGrip <sup>™</sup> and Converging Path <sup>™</sup> handlebars	٠
Moving handlebar lock-out option	٠
Side steps	0
Phone holder	٠
Water bottle holder	٠
Tablet/reading rack*	٠
Transport wheels	٠
ELECTRONIC FEATURES	
Resistance levels	30
Digital contact heart rate on stationary handlebars	٠
Wireless heart rate ready (ANT+™ and Polar®)	•
Console fan (3 speeds)	۰
Self-powered (standard console only)	٠
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE®	۰
CONSOLE OPTIONS	
Smart (pg. 32)	25.4 cm (10") capacitive touch screen
Standard (pg. 32)	Large LED display with integrated capacitive buttons
ENTERTAINMENT OPTIONS	
LG TV (pg. 33)	0
Wireless 900 Mhz (pg. 33)	0
WORKOUTS	

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### PRESET PROGRAMS Manual • Random . Interval . Distance goal . Calorie goal . **CROSS CIRCUIT®** . HEART RATE-CONTROLLED PROGRAMS Fat Burn . Heart Rate Interval . ADVANCED PROGRAMS 30:30 Interval . MMA • **Constant Power Watts** . Constant Power METs . WORKOUT BOOSTERS X-Mode™ • GluteKicker™ . ArmBlaster . PRODUCT SPECIFICATIONS Max user weight 181 kg (400 lbs) 84 cm x 196 cm Footprint (W x L) (33" x 77") 94 cm x 221 cm Footprint - live area (W x L) (37" x 87") Product weight 155 kg (342 lbs) Footprint with 94 cm x 221 cm (37" x 87") side steps (W x L) Weight with side steps 167 kg (368 lbs) WARRANTY Lifetime Frame Parts 3 vears

Number of programs

# 61 cm STRIDE LENGTH XT3700 FAN FAVORITE **OCTANE ADVANTAGES** • Smooth motion • Advanced training — 30:30 and MMA • Close pedal spacing • MultiGrip & Converging Path handlebars • Workout Boosters • Side step-compatible Ci Canne

### **Pro3700Classic Specifications**

<ul> <li>Standard</li> <li>Optional</li> </ul>		Standard	<ul> <li>Optional</li> </ul>	
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UPART RATE CONTROLLER RROOM

Stride length	61 cm (24")
Close pedal spacing	4.5 cm (1.8")
Low step-up height	•
Covered track and rollers	٠
MultiGrip™ and Converging Path™ handlebars	٠
Moving handlebar lock-out option	٠
Side steps	0
Water bottle holder	٠
Tablet/reading rack	٠
Transport wheels	٠
ELECTRONIC FEATURES	
Resistance levels	30
Digital contact heart rate on stationary handlebars	٠
Wireless heart rate ready (Polar®)	٠
Self-powered	٠
HeartLogic <sup>™</sup> Intelligence	٠
CONSOLE OPTIONS	
Standard	٠
ENTERTAINMENT OPTIONS	
Personal Viewing Screen	0
Wireless 900 Mhz	0
WORKOUTS	
Number of programs	19
PRESET PROGRAMS	
Manual	٠
Random	•
Interval	٠
Custom Interval	٠
Hill	٠
10K	٠
CROSS CIRCUIT®	٠

HEART RATE-CONTROLLED PR	OGRAMS
Heart Rate Fat Burn	٠
Heart Rate Cardio	٠
Heart Rate Interval	٠
Heart Rate Custom Interval	٠
Heart Rate Hill	•
Heart Rate Speed Interval	٠
New Leaf® Custom	٠
ADVANCED PROGRAMS	
30:30 Interval	٠
MMA	•
Constant Power Watts	•
Constant Power METs	۰
FITNESS ASSESSMENT PRO	TOCOL
Navy PRT	٠
WORKOUT BOOSTERS	
X-Mode™	٠
GluteKicker™	٠
ArmBlaster	٠
PRODUCT SPECIFICATIONS	
Max user weight	181 kg (400 lbs)
Footprint (W x L)	78 cm x 175 cm (31" x 69")
Footprint - live area (W x L)	86 cm x 210 cm (34" x 83")
Product weight	145 kg (320 lbs)
Footprint with side steps (W x L)	94 cm x 211 cm (37" x 83")
Weight with side steps	158 kg (348 lbs)
WARRANTY	
Frame	Lifetime

Parts

# PERSONAL ENTERTAINMENT

Octane Fitness' fully integrated, user-friendly controls ensure that exercisers can effortlessly enjoy their favorite shows and entertainment. Add a personal viewing screen or 900 Mhz wireless TV receiver to the console with integrated keypad controls for a sleek, clean entertainment solution.



### PERSONAL VIEWING SCREEN Screen 40 cm (15") wide screen format Analog and digital Tuners

TV controls	Mute, auto on/off, channel, default channel, previous channel, volume, source, O-9 keypad
Inputs	Component video, RCA, coaxial, 30-pin iPod®/iPhone®, headphone jack (replaceable)
Power	110-240 VAC
Weight	3 lbs (1 kg)
Size (L x W x D)	40 cm x 25 cm x 4 cm (15.75" x 9.75" x 1.5")

3 years

#### 3 years advance exchange Warranty 90 days on modular headphone jack

### 900 MHZ WIRELESS RECEIVER

Transmitters	Compatible with Cardio Theater, Broadcast Vision, MYE Entertainment, Enercise, Audeon
Memory	Channel settings stored
TV controls	Mute, channel/volume up and down
Inputs	Headphone jack (replaceable)
Power	Self-powered
Warranty	3 years parts 90 days on headphone jack

# PREMIUM QUALITY AT AN UNBEATABLE VALUE

# CROSS-TRAINERS

### PR03700

### OCTANE ADVANTAGES

- MultiGrip & Converging Path handlebars
- Close pedal spacing
- Advanced training MMA and 30:30
- Workout Boosters
- Side step-compatible

### UPPER-BODY ERGONOMICS

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.

### MMA

Mixed Martial Arts, or MMA, is one of the hottest sports worldwide. Now exercisers can test their skills in Octane's unique regimen that mimics rigorous training routines like those used by a fighter in the cage.

### **REAL RUNNING MOTION**

Delivers supremely comfortable natural movement and flow, both forward and backward.

### SIDE STEPS

Add workout variety with this option to focus on the upper body only.



Standard Console

OCCURINCE.



### UPPER-BODY ERGONOMICS

Patented MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



### **30:30 INTERVAL**

Train like the pros with the 30:30 Interval challenge, which incorporates intense bouts of work, followed by recovery.



### **REAL RUNNING MOTION**

Delivers supremely comfortable, natural movement and flow, both forward and backward.



ARMBLASTER

For an unrivaled total-body experience, this workout combines cardio with intense upper-body strength intervals.

### Pro310 Specifications • Standard • Optional

KEY MECHANICAL FEATURES	
Light-commercial grade	٠
Stride length	52 cm (20.5")
Close pedal spacing	4.5 cm (1.8")
Low step-up height	٠
MultiGrip <sup>™</sup> and Converging Path <sup>™</sup> handlebars	•
Moving handlebar lock-out option	٠
Phone holder	٠
Water bottle holder	٠
Tablet/reading rack	٠
Transport wheels	٠
ELECTRONIC FEATURES	
Resistance levels	20
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (Polar®)	٠
HeartLogic <sup>™</sup> Intelligence	٠
WORKOUTS	
Number of programs	12
PRESET PROGRAMS	
Manual	٠
Random	٠
Custom Interval	٠
Beginner	٠
10K	•

### HEART RATE-CONTROLLED PROGRAMS Heart Rate Fat Burn . Heart Rate Cardio . Heart Rate Custom Interval ADVANCED PROGRAMS 30:30 Interval . 350 Calories . 750 Calories . Half Marathon . WORKOUT BOOSTERS X-Mode™ . GluteKicker™ . ArmBlaster . ENTERTAINMENT OPTIONS Personal Viewing Screen\* 0 **PRODUCT SPECIFICATIONS** 136 kg (300 lbs) Max user weight 79 cm x 165 cm Footprint (W x L) (31" x 65") 87 cm x 193 cm Footprint - live area (W x L) (34" x 76") 118 kg Product weight (260 lbs) VERTICAL FACILITY WARRANTY Frame Lifetime 2 years Parts

26 OCTANE FITNESS

# SMALL FOOTPRINT BIG VALUE

0

Octane



### OCTANE ADVANTAGES

Space-saving design
 Low step-up height
 MultiGrip & Converging Path handlebars
 Close pedal spacing
 Advanced training — 30:30

• Workout Boosters

Standard Console

LIGHT

**COMMERCIAL** 



### **POWERSTROKE**<sup>™</sup>

Optimal leg extension and power drive. Users engage muscles, burn calories and benefit from exceptional efficiency and effectiveness.



### **UPPER- AND LOWER-BODY** ISOLATION

Exercisers can perform total-body routines, or exclusively target their upper or lower body on their own or using a Workout Booster.



### **CUSTOMIZED COMFORT**

The multiple tilt and height adjustments accommodate different size exercisers for the perfect fit and superior comfort.



HIIT WORKOUTS

Exclusive advanced regimens like 30:30 and MMA challenge users to push their limits to drive motivation and results.

xR6000	Specifications	• Standard	¢
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### **KEY MECHANICAL FEATURES**

Oversize platform	•
Step-through design	٠
Oversized soft grip pedals	•
Stationary footpegs	•
Seat height adjustments	20
Seat tilt adjustments	•
MultiGrip <sup>™</sup> handlebars	•
Stationary handlebars	•
Phone holder	•
Water bottle holder	٠
Tablet/reading rack*	•
Transport wheels	•
Moving handlebar lock-out option	0
Pedal straps	0

### ELECTRONIC FEATURES **Resistance** levels 30 Digital contact heart rate • on stationary handlebars Wireless heart rate ready • (ANT+<sup>™</sup> and Polar<sup>®</sup>) Fingertip controls on stationary handles . Console fan (3 speeds) • Self-powered (standard console only) . Mobile device charging via USB port •

Replaceable headphone jack • **CSAFE**® .

### CONSOLE OPTIONS

Smart (pg. 32)	25.4 cm (10") capacitive touch screen
Standard (pg. 32)	Large LED display with integrated capacitive buttons

ENTERTAINMENT OPTIONS	
LG TV (pg. 33)	0
Wireless 900 Mhz (pg. 33)	0

### Optional

WORKOUTS	
Number of programs	14
PRESET PROGRAMS	
Manual	•
Random	•
Interval	٠
Hill	٠
Distance goal	•
Calorie goal	۰
HEART RATE-CONTROLLE	D PROGRAMS
Fat Burn	٠
Heart Rate Interval	٠
Heart Rate Hill	•
Heart Rate Speed Interval	۰
ADVANCED PROGRAMS	3
30:30 Interval	٠
MMA	٠
Constant Watts	٠
Constant METs	۰
WORKOUT BOOSTERS	
X-Mode™	٠
Leg Press	٠
Chest Press	•
PRODUCT SPECIFICATI	O N S
Max user weight	181 kg (400 lbs
Footprint (W x L)	89 cm x 182 cm (35" x 72")
Product weight	145 kg (320 lbs
WARRANTY	
Frame	Lifetime
Parts	3 years

# THE ULTIMATE Recumbent Workout



### **OCTANE ADVANTAGES**

Total-body HIIT workouts
 PowerStroke<sup>™</sup> technology
 Active Seat Position<sup>™</sup>
 Upper/lower-body isolation
 Step-through design





SWIVEL SEAT

To maximize ease of entry and exit, the swivel seat turns +/- 210 degrees to comfortably accommodate exercisers.



**POWERSTROKE**<sup>™</sup>

Facilitates leg extension to engage more muscles, burn calories and help achieve optimal results from a seated position.



### **CUSTOMIZED COMFORT**

The Active Seat Position is designed for different size exercisers by offering multiple tilt and height adjustments for the perfect fit and superior comfort.



### UPPER- AND LOWER-BODY ISOLATION

Users can complete total-body workouts, or exclusively target their upper or lower body during intervals for variety.

### xR6000s Specifications • Standard • Optional

KEY MECHANICAL FEATURES	
Swivel seat	•
Side platforms	٠
Oversized platform	٠
Step-through design	٠
Oversized soft grip pedals	٠
Stationary footpegs	٠
Seat height adjustments	20
Seat tilt adjustments	٠
MultiGrip™ handlebars	٠
Stationary handlebars	٠
Phone holder	٠
Water bottle holder	٠
Tablet/reading rack*	•
Transport wheels	•
Moving handlebar lock-out option	0
Pedal straps	0
ELECTRONIC FEATURES	
Resistance levels	30
Digital contact heart rate	

116313101166 164613	00
Digital contact heart rate on stationary handlebars	٠
Wireless heart rate ready (ANT+ <sup>™</sup> and Polar®)	٠
Fingertip controls on stationary handles	•
Console fan (3 speeds)	۰
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE®	٠

### CONSOLE OPTIONS

Smart (pg. 32)	25.4 cm (10") capacitive touch screen
Standard (pg. 32)	Large LED display with integrated capacitive buttons

ENTERTAINMENT OPTIONS	
LG TV (pg. 33)	0
Wireless 900 Mhz (pg. 33)	0
WORKOUTS	
Number of programs	14
PRESET PROGRAMS	
Manual	٠
Random	•
Interval	•
Hill	٠
Distance goal	٠
Calorie goal	۰
HEART RATE-CONTROLLED PI	ROGRAMS
Fat Burn	•
Heart Rate Interval	٠
Heart Rate Hill	٠
Heart Rate Speed Interval	۰
ADVANCED PROGRAMS	
30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	۰
WORKOUT BOOSTERS	
X-Mode™	•
Leg Press	•
Chest Press	۰
PRODUCT SPECIFICATIONS	5
Max user weight	181 kg (400 lbs)
	98 cm v 182 cm

Max user weight	181 kg (400 lbs)
Footprint (W x L)	98 cm x 182 cm (39" x 72")
Product weight	154 kg (339 lbs)
WARRANTY	
Frame	Lifetime

3 years

Parts

# SWIVEL SEAT & SIDE PLATFORMS MAXIMIZE ACCESSIBILITY





### OCTANE ADVANTAGES

+/- 210-degree swivel seat
 Side platforms
 Upper/lower-body isolation
 Active Seat Position<sup>™</sup>
 Step-through design
 Simple start-up

Ø

# CONSOLE OPTIONS



### **SMART CONSOLE**

This 25 cm LCD touch screen features an Internet browser (Ethernet and Wi-Fi connections standard), streaming videos, music and more. Exercisers benefit from mobile device charging, phone/tablet docking stations, ANT+ compatibility and a console fan. Video coaching for CROSS CiRCUIT, along with Workout Booster videos, helps users properly execute exercises.



### **STANDARD CONSOLE**

Intuitive to navigate, this LED display with integrated capacitive buttons showcases all workout feedback and supports mobile device charging. Quick Start buttons enable exercisers to immediately begin their workout; and advanced training access is convenient, with buttons for CROSS CiRCUIT, MMA and 30:30 directly on the console.

Console options are for• StandardMT8000, XT-One, LateralX, XT4700,- UnavailableXT3700, xR6000, xR6000s, ZR8000• Optional	Smart Console	Standard Console
FEATURES		
25 cm (10") glass capacitive touch screen	٠	-
Phone docking locations	4	3
Tablet docking locations	1	1
USB port (charging capabilities)	٠	٠
Ethernet jack	٠	_
CSAFE ports	٠	٠
Asset management	0	0
Wireless heart rate ready Polar $^{\!\!\!\!\!\!^{\otimes}}$ and ANT+ $^{\!\!\!\!^{\scriptscriptstyle TM}}$	٠	٠
Console fan (3 speeds)*	٠	٠
Replaceable headphone jack	٠	٠
ENTERTAINMENT OPTIONS		
LGTV	0	0
900 Mhz	0	0
INTERNET CONNECTION REQUIRED		
Wi-Fi enabled	٠	-
Web browsing	٠	_
Web video streaming	٠	_
Web applications	•	_
WARRANTY		
3 years advance exchange	٠	٠
90 days on headphone jack	٠	٠

# PERSONAL ENTERTAINMENT

Exercisers can enjoy their favorite shows and multiple entertainment options via Octane's new LG TV or 900 Mhz wireless TV receiver, which can be seamlessly integrated with either the smart or standard console for a comprehensive personal entertainment solution that offers variety and exceeds expectations.

OX 2 Fax 3 null	4 CBS
	4 CBS
ESPN 8 ESPN2	9 ESPN News
	4 14 CNN
MINEC IN CAR	Page Down
	r ESPN 8 ESPN2

### LG TV

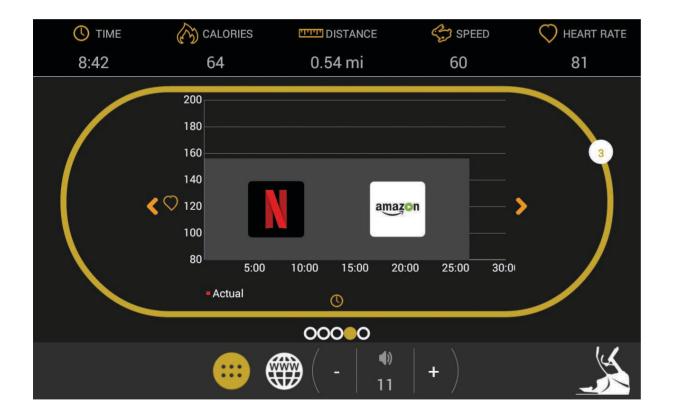
With superior image quality and crisp colors, the premium 40 cm touch screen LG TV offers an intuitive interface and easy access to control buttons; broad tuning capabilities, including compatibility with IPTV and Pro:Idiom; and robust, reliable hardware. Clubs can customize their interactive exercise experience with convenient access to a multitude of TV selections.

Entertainment options are for MT8000, XT-One, LateralX, XT4700, XT3700, xR6000, xR6000, zR8000

Screen	40 cm (15.6") LED touch screen
JUIGENI	40 cm (15.0 ) LED touch screen
Tuners	NTSC, ATSC, DVB-T2/C, PAL, QAM
TV controls	Mute, Channel Up/Down, Volume Up/Down, Mute, Closed Captioning, Channel Input Guide, Source, SAP, Power On/Off
Inputs	HDMI/HDCP In, LAN (RJ45), USB, MPI Port (RJ45), DC In, RF/AC In [PoC (Power over Coax)]
Smart TV	Pro:Centric (IP/RF), Pro:Idiom
Power	Input: 100V — 240V AC 50/60Hz, Output: 19V DC 3.42A
Weight	7 kg (15 lbs)
Size (L x W x H)	62 cm x 16 cm x 44 cm (24.5" x 6.25" x 17.25")
Warranty	3 years parts 90 days on headphone jack
900 MHZ W	/IRELESS RECEIVER FEATURES
Transmitters	Compatible with Cardio Theater, Broadcast Vision, MYE Entertainment, Enercise, Audeon
Memory	Channel settings stored
TV controls	Mute, channel/volume up and down
Inputs	Headphone jack (replaceable)
Power	Self-powered
Warranty	3 years parts 90 days on headphone jack

# INSTANT ACCESS TO POPULAR APPS

Now, Octane's premium smart console offers a quick, convenient way for exercisers to enjoy their favorite apps during their workouts for enhanced entertainment and engagement, which can improve exercise adherence and member retention.



### IMMEDIATE, SINGLE BUTTON SIMPLICITY

Individuals simply press one button on the Octane console to log into Netflix<sup>™</sup> and Amazon at any time during workouts. In today's time-crunched, tech-savvy society, exercisers now can easily multitask and capitalize on entertainment and shopping while they work out.

# ADVANCED TRAINING PROGRAMS

### **30:30 INTERVAL**

### MOTIVATES AND CHALLENGES. IMPROVES HEART RATE RECOVERY FITNESS.

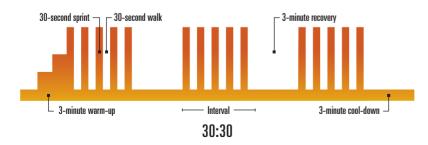
The 30:30 program is an innovative workout program available exclusively on Octane Fitness machines. **It motivates and challenges exercisers of all abilities, from beginners to elite athletes, and boosts cardiovascular performance.** This unique routine also works as a fitness measurement tool; the faster the heart rate recovery, the greater the fitness level. Tracking improvements in heart rate recovery is a key factor in measuring overall fitness condition.

### **MIXED MARTIAL ARTS (MMA)**

### PUNCH UP THE INTENSITY. PROGRAM MIMICS REAL-LIFE BOUTS.

**Now exercisers can test their skills** in Octane's unique regimen that mimics rigorous training routines like those used by a fighter in the cage.

After a 3-minute warm-up, exercisers battle it out with the machine in five-minute rounds that include five alternating 'fight' and 'recover' intervals of various lengths. The harder users punch with their arms, the more resistance the machine delivers. They recover for three minutes, then begin again. It's truly a stamina-building experience!





MMA

ADVANCED TRAINI

# COMPARISON: Standing Cross-trainers

• Standard — Unavailable • Optional	XT-One	LateralX	XT4700	XT3700	Pro3700Classic	Pro310
KEY MECHANICAL FEATURE	S					
Stride lengths	51 cm - 71 cm (20"- 28")	-	51 cm - 71 cm (20"- 28")	61 cm (24")	61 cm (24")	52 cm (20.5")
Adjustable incline	•	_	_	-	_	_
Electronically adjustable	Stride	Lateral Width	Stride	-	-	-
Quiet motor	•	٠	•	-	-	-
Close pedal spacing	٠	_	٠	•	٠	•
Low step-up height	•	٠	•	•	٠	•
Soft grip pedals	-	٠	_	-	-	-
Covered track and rollers	-	_	٠	•	٠	_
MultiGrip™ and Converging Path™ handles	٠	٠	•	•	•	•
Fingertip controls on moving handlebars	۰	٠	٠	-	-	-
Moving handlebar lock-out option	٠	٠	•	•	•	•
1-time adjustable handlebar position	٠	٠	_	-	٠	•
Side steps	0	_	0	0	0	_
Phone holder	٠	٠	٠	•	٠	•
Water bottle holder	٠	٠	•	•	٠	•
Tablet/reading rack (smart console only)	٠	٠	•	•	_	•
Transport wheels	•	٠	٠	٠	•	•
ELECTRONIC FEATURES						
Resistance levels	30	30	30	30	30	20
SmartStride®	•	_	•	_	-	_
Digital contact heart rate on moving handlebars	•	٠	•	_	_	٠
Digital contact heart rate on stationary handlebars	_	_	_	٠	٠	_



	-	~		-		-	
<ul> <li>Standard</li> </ul>	XT-One	LateralX	XT4700	XT3700	assi	Pro310	
— Unavailable	XTX	Lati	XTX	XTX	00	Рп	
<ul> <li>Optional</li> </ul>					Pro3700Classic		
					Pre		
Nireless heart rate ready	•						
ANT+™ & Polar®)	, in the second s				7	-	
Vireless heart rate ready (Polar®)	-	-	-	-	•		
Console fan (3 speeds)	٠	•	•	•	-	-	
Self-powered (standard console only)	٠	•	•	•	•	-	
leartLogic™ Intelligence	-	-	-	-	•	•	
Phone charging via USB port	٠	•	•	•	-	-	
SAFE®	٠	٠	٠	٠	-	-	
CONSOLE OPTIONS							
Smart	0	0	0	0	_	-	
Standard	•	•	•	•	0	•	
ENTERTAINMENT OPTIONS							
G TV	0	0	0	0	_	-	
Vireless 900 Mhz	0	0	0	0	0	_	
WORKOUTS							
lumber of programs	15	14	15	12	19	12	
PRESET PROGRAMS							
Aanual	•	•	•	•	•	•	
Random	•	•	•	•	•	•	
	•						
nterval	_	•	•	•	•	_	
Distance Goal	٠	•	•	•	-		
Calories Goal	٠	•	•	•	-	-	
Custom Interval	٠	-	—	-	•	•	
Beginner	-	-	-	-	-	•	
lill	-	-	-	-	•	_	
OK	-	-	-	-	•	٠	



# Repuets • XT-Dine XT-Dine XT-Dine XT-Dine XT-Dine StatesalX XT-2700 Pro37000Classic

### HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	•	•	٠	•	•	
Heart Rate Cardio	-	_	-	_	•	•
Heart Rate Interval	_	•	•	•	•	•
Heart Rate Custom Interval	•	-	_	_	•	_
Heart Rate Hill	_	-	_	-	•	-
Heart Rate Speed Interval	-	-	_	-	•	-
New Leaf® Custom	-	-	-	-	۰	-

### ADVANCED PROGRAMS

CROSS CIRCUIT®	•	•	•	٠	•	_
30:30 Interval		•	•	٠	٠	٠
MMA		•	•	٠	٠	_
Constant Watts		•	•	٠	٠	-
Constant METs		•	•	٠	•	-
Navy PTR	_	_	-	_	•	-
350 Calories	_	-	-	_	_	•
750 Calories	_	_	_	_	_	•
Half Marathon	_	_	_	_	_	•

### INCLINE PROGRAMS

Mountain Peak	•	-	-	-	-	-
30:30 Hill	•	_	_	_	_	_
Progressive Hill	•	-	_	-	-	-

### STRIDE LENGTH PROGRAMS

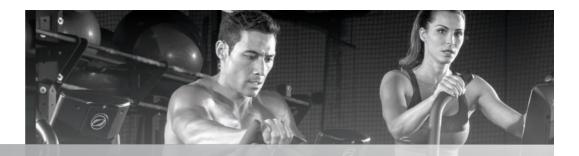
SmartStride <sup>®</sup>	•	-	-	_	-	-
PowerWalk	_	_	•	_	_	_
Stride Interval	-	_	•	_	_	-
Dual Direction	-	٠	•	_	_	-
Lateral Interval	_	٠	_	_	_	_
WORKOUT BOOSTERS						
X-Mode™	٠	•	•	•	٠	•
ArmBlaster	•	_	•	•	•	•

	• Standard — Unavailable • Optional	XT-One	LateralX	XT4700	XT3700	Pro3700Classic	Pro310	
SmartStride®		-	-	•	-	_	-	
GlutePower			-	-	-	_	_	
GluteKicker™		_	-	•	•	•	•	
ThighToner™		-		-	_	-	-	
QuadPower™		_	•	_	_	_	_	

### PRODUCT SPECIFICATIONS

Max user weight	181 kg (400 lbs)	181 kg (400 lbs)	181 kg (400 lbs)	181 kg (400 lbs)	181 kg (400 lbs)	136 kg (300 lbs)
Footprint (W x L)	84 cm x 191 cm (33" x 75")	106 cm x 160 cm (42" x 63")	84 cm x 196 cm (33" x 77")	84 cm x 196 cm (33" x 77")	78 cm x 175 cm (31" x 69")	79 cm x 165 cm (31" x 65")
Footprint - live area (W x L)	84 cm x 234 cm (33" x 92")	106 cm x 160 cm (42" x 63")	94 cm x 221 cm (37" x 87")	94 cm x 221 cm (37" x 87")	86 cm x 210 cm (34" x 83")	187 cm x 193 cm (34" x 76")
Product weight	180 kg (395 lbs)	176 kg (388 lbs)	165 kg (364 lbs)	155 kg (342 lbs)	145 kg (320 lbs)	118 kg (260 lbs)
Footprint with side steps (W x L)	94 cm x 224 cm (37" x 88")	-	94 cm x 216 cm (37" x 85")	94 cm x 221 cm (37" x 87")	94 cm x 211 cm (37" x 83")	_
Weight with side steps	194 kg (427 lbs)	-	177 kg (390 lbs)	167 kg (368 lbs)	158 kg (348 lbs)	_
WARRANTY						
Frame	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime
Parts	3 years	3 years	3 years	3 years	3 years	2 years

# WHO USES OCTANE?



### HEALTH CLUBS AND RECREATION CENTERS

### **24 Hour Fitness**

A-Rod Energy Active Life Fitness Center Albany JCC **American Family Fitness Anvtime Fitness** Athletes' Performance, Inc. (EXOS) Bailey's Health & Fitness Baldwin Athletic Club Better Bodies Body Builders Gym Body Xchange Bodyplex Bowling Green Parks and Rec. **Buffalo/Rochester Athletic Club California Family Fitness** Caloric Responsibility **Capital Fitness Celebrity Fitness** Centennial Commons Rec Center Champion Fitness **Chuze Fitness** Chicago Fitness Express City of Victoria CC Club 16 Club 24 Club Fitness Club Metro Club One Columbia Association **Contours Express Cooper Fitness Core Performance** 

Crunch

Dearborn Racquet & Health Desert Palms Health and Racquet Club Equinox E-Town Swim & Fitness Center **Flite Fitness FOS Fitness** Evelyn Rubenstein JCC of Houston Extreme Fitness Fit For Life Fitness 24/7 **Fitness Evolution Fitness First** Fitworks **Fitness Formula Clubs** Fuel Fitness and Tanning **Future Fitness Centers Giant Fitness** Gold's Gvm **GoodLife Fitness** Halstead at Arlington Health Plex Houstonian Human Performance Center Inches Away JCC Kingsmill Resort L & T Health and Fitness Ladies Workout Express Ladv of America Lakeshore Athletic Clubs Leader Health and Fitness Life Spa Fitness

Life Time Fitness Lifestyle Family Fitness

Macomb Community Center Merage JCC Meridian/Tilton Fitness & Wellness Merritt Athletic Club Mid-Hudson Athletic Club Midtown/TCA Missouri Athletic Club Model A Fitness Motion Fitness Motivation Inc. Movati Athletic Clubs National Fitness Center New York Health & Racquet Clubs Nitro Fitness Oakland Athletic Club Old Town Athletic Club Olympia Resort **One Life Fitness** Performance Playground Planet Fitness of New Hartford Plattsmouth Community Center **Powerhouse Gyms** Preston Center Training Provena Fitness Pure Austin **Regymen Fitness Retro Fitness Richmond Heights Rec Center** Robert Wood Johnson Fitness & Wellness Simply Fit **Snap Fitness** Spectrum Athletic Clubs Spectrum Fitness Spirit A Fitness

Sport & Health St. Peters Rec Plex Steve Nash Fitness World Sunoco Super Fitness SuperFit Superior Athletic Club **Texas Family Fitness** The Alaska Clubs The Center of Clayton The Edge Fitness Clubs The Lodge Rec Center The Point Athletic Club The Solana Club The Studio The Summit Tennis and Athletic Club The Training Station **UFC Gvm** Universal Athletic Club Upper Valley Aquatic Center VASA Fitness Victory Fitness Villasport Wellbridge Women's Super Fitness Women's Workout World Woodside Tennis & Health Club World Fitness World Gvm Wow! Fitness Wyomissing Fitness & Training **XSport Fitness** Xanadu, ON Youfit YMCA

### CORPORATE WELLNESS CENTERS

Abercrombie & Fitch Anheuser-Busch Auto Trader Bemis Company, Inc. **Blue Cross Blue Shield Bridgestone Firestone Del Monte Foods Delta Air Lines** Devon Energy Facebook Federal Reserve Bank of Atlanta Ford Motor Company **General Electric** Georgia Pacific Corporate HQ Google Inc. Honeywell Intel Johnson & Johnson Louisville Slugger McDonald's Canada New Leaf Fitness Paycor Price Edwards & Company **Procter & Gamble Reebok Corporation** Ritz-Carlton Rubbermaid Safeway, Inc. Sallie Mae SYSCO Food Service The Hershey Company The NorthFace Corporate HQ Tovota USA **Turner Athletic Club (CNN)** UPS Verizon Walgreens Wellmark

### **COLLEGES AND UNIVERSITIES**

Alcorn State University **Bowling Green State University** Carnegie Mellon **Columbia University** Clemson **Cleveland State University Duke University** Gardner Webb, NC Georgetown Georgia State University Indiana University James Madison University, VA **Michigan State University** Minnesota State University Mount St. Mary's College Northern Kentucky University Northeastern University Ohio State University Ohio University RPI Sam Houston State University, TX Seton Hall University, NJ South Dakota State University Stonehill College SUNY Brockport

Svracuse Texas A&M IIMASS University of British Columbia University of Cincinnati University of Georgia **University of Illinois University of Iowa University of Kentucky** University of Louisville University of Maryland **University of Minnesota** University of Memphis University of Rochester University of Southern Florida University of Southern Mississippi University of Tennessee **University of Wisconsin** Virginia Commonwealth University Washburn University, KS

### **PRO ATHLETIC TEAMS**

Arizona Cardinals Arizona Diamondbacks Carolina Panthers Chicago Bears Cleveland Browns Indiana Pacers Kansas City Chiefs New York Giants San Francisco 49ers

### MILITARY/GOVERNMENT

173rd Wing Oregon Air National Guard Canadian Forces Base Defense Logistics Agency D.H.S. Federal Law Enforcement Training Center Fort Bragg (Special Operations) Fort Sam Houston (Metc) Joint Base Langley – Eustis Macdill Air Force Base (Special Operations Command)

- Naval Air Station Pensacola Naval Special Warfare Group Four Nellis Air Force Base Orlando V.A. Medical Center Patrick Air Force Base Scott Air Force Base U.S. Air Force Academy U.S. Border Patrol U.S. Coast Guard
- U.S. Marine Corps Air Ground Combat Center 29 Palms U.S. Marine Corps Base Camp Pendleton U.S. Marshals Service U.S. Naval Academy U.S.S. John C. Stennis (Supercarrier) Utah Army National Guard Vancouver Police

# FUEL YOUR FACILITY

octanefitness.com



INTERNATIONAL EDITION



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